

A NEW-RESIDENT'S GUIDE TO LITHGOW'S SEVEN VALLEYS REGION

Welcome to country

The Lithgow District Chamber of Commerce acknowledges Wiradjuri Elders past and present of the Wiradjuri Nation the original custodians of the land on which the Lithgow's communities reside.

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Why you should escape to the high country...

Whether it be a desire to raise chickens and farm animals on acreage, live off the land with a thriving vegetable garden and orchard, find a charming twentieth century bungalow in downtown Lithgow, or simply to feel miles away from bumperto-bumper traffic and the sky-rocketing cost of living, there are some things in life only an Escape to the High Country in the Lithgow region can remedy.

A great place to... Live. Work. Play

Surrounded by breathtaking world heritage-listed national parks, stunning mountain ranges and flowing valleys, with its proximity to Sydney's CDB, its diverse range of unique villages, towns and lifestyle properties, its services, amenities and affordable housing, it's no wonder that the Lithgow Seven Valleys region has already become an ideal Escape to the High Country destination of choice for young singles, couples, families, empty nesters and small business owners.

If you're wanting to escape the stresses of city living and be surrounded by natural wonders or are contemplating when you'll be able to afford a liveable home and working space where you can breathe in the country air, a Lithgow Seven Valleys region high country change is for you!

With a wealth of employment, business and lifestyle opportunities in the region, as well as its close proximity to the Sydney CDB for remote workers, the Lithgow Seven Valleys region is fast growing into a lifestyle change destination of choice for Greater Sydney singles, couples and families.

History

Lithgow itself is the birthplace of industry in the state and is steeped in an industrial past. From the old Blast Furnace, to the Zig Zag railway and the numerous coal mines that once littered the landscape, Lithgow's industrial past made it the 4th largest town in NSW until post WW2. It's also a city with a history of industrial innovation.

A city with a history of innovation:

1840's - Coal started to be extracted from Lithgow mines and was fuelling the new colony.

1870's – A number of ironworks companies were established together with a copper smelter.

1880 – Thomas Mort developed refrigeration works in Lithgow for the export of meat.

1901 - On 24 April 1901 William Sandford organised a gala dinner to announce that he and his son Esk had successfully tapped the first viable quantities of steel produced in Australia at the Eskbank Ironworks.

1907 - The first modern blast furnace in Australia was built in 1907 and steel was produced in Lithgow until 1928.

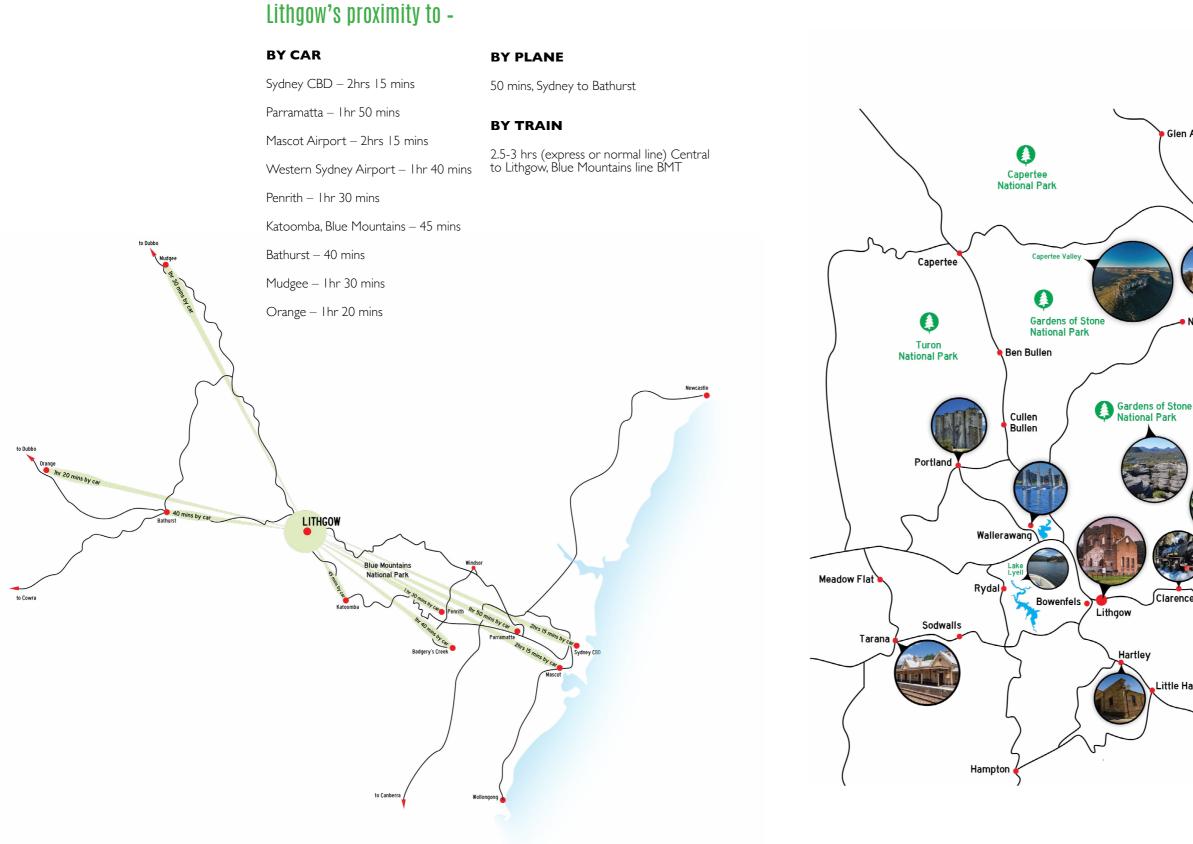
Since the closing down of many of its industrial sites, Lithgow has become better known for its natural beauty, its iconic industrial and historic cultural heritage and its laid-back regional lifestyle.

Lithgow City

The City of Lithgow, the Council seat of the region, is at the junction of the Great Western Highway and Bells Line of Road and is only 2 hours and 15 minutes from the Sydney CBD.

Lithgow's proximity to major centres

Diverse towns and villages







The Lithgow region is surrounded by the spectacular Seven Valleys landscape which includes the Blue Mountains National Park, a World Heritage Area and the Wollemi National Park which is the Jurassicage home of the Wollemi Pine that grows in a remote (secret) canyon in the park.

The stunning valleys are those of Lithgow, Wolgan, Kanimbla, Capertee, Megalong, Hartley and Tarana.

With undulating hills and expansive plains, these valleys play host to a number of townships and villages each with its own unique blend of history, natural charm, a range of discreet and expansive lifestyle properties and all the benefits of local amenities and modern conveniences.

The Lithgow Local Government Area Council seat is located in the city of Lithgow, the largest regional centre.



Capertee Valley

Discover the Lithgow region

CAPERTEE/CAPERTEE VALLEY

Capertee is a village 46 km north of Lithgow on the Castlereagh Highway. Its primary appeal lies in its proximity to the fascinating shale mining ghost town of Glen Davis, its access to the beautiful Gardens of Stone National Park and the impressive Capertee Valley.

Capertee is on an elevated site (808 metres) above the Capertee Valley and is surrounded by beautiful scenic mountains. The Capertee National Park offers the opportunity to explore the local flora and fauna, spectacular birdwatching, walking trails and camping as well as heritage homestead accommodation.

The Capertee Valley is the world's second largest canyon. Sandstone cliffs dominate the escarpment, leading into a deep chasm carved over millions of years. Rising from the valley floor is the spectacular Pantoney's Crown, which calls the passionate climber to its summit. From the top is a 360 degree vista of the breathtaking valley below.

Capertee village is now also home to an award winning spirits distillery!

GLEN DAVIS

Glen Davis is approximately 80 kilometres north of Lithgow in the Capertee Valley. European settlers colonised the valley in the 1820's and progressively cleared the land for agriculture.

Established in 1939, the town was named after George Francis Davis who started the Glen Davis Shale Oil Works. It was the first town in NSW to be created based on town planning principles. The site is now opened to tourists.

Today, Glen Davis is the gateway to the Wollemi National Park & the wilderness within and it encompasses some of the most spectacular scenery found anywhere in the world.



Glen Davis



TARANA

Tarana is 30 minutes from Lithgow and is the former junction of the Oberon Branch railway with the Main Western Line, known for its steep 1 in 30 gradient and sharp 100 metre curves.

Tarana is a treat for adventurers who love hiking, rock climbing, fishing and nature. Railway history buffs enjoy visiting the Tarana railway station complex, built in the nineteenth century.

For delicious home cooked meals visitors can dine at The Tarana Hotel which has a lovely landscaped beer garden, or Mumma Snow's Country Kitchen & General Store which has a warm inviting country atmosphere.

The famous Tarana Community Farmers Market is held on the 4th Sunday of every month. Customers can meet the farmers and learn about how their food is produced.



Hartley Historic Village

HARTLEY HISTORIC SITE

Hartley was formerly a judicial and administrative centre that had a busy courthouse. Built in 1837 the courthouse was designed by prominent New South Wales Colonial Architect Mortimer Lewis. It dealt with a constant stream of robbers, thieves and convicts, evenutually falling into disuse, surviving as a perfect example of nineteenth century architecture.

In 1972 Hartley was declared an Historic Site under the NSW National Parks and Wildlife Service and has been completely restored and revitalised.

The village has an Indigenous art gallery, guided tours and two easy walks. Tourists are able to stay in Old Trahlee and St. Bernard's Presbytery.

It's a delightful day trip from Sydney and, when combined with visits to Little Hartley and Hartley Vale, offers a rare insight into life beyond the mountains in the nineteenth century.

Hartley's sister villages, Little Hartley and Hartley Vale have survived as residential villages with heritage sites of their own. Little Hartley, situated 4 kilometres south-east of Hartley, is the site of the historic home Rosedale. Hartley Vale, situated 6 kilometres east of Hartley, is the site of the Comet Inn, Collits Inn and Hartley Vale cemetery. There is also a network of historic walking tracks between Hartley Vale and Mount York.



LITHGOW

Lithgow sits on the western edge of the sandstone country of the Blue Mountains and is usually considered the first true country town west of Sydney.

It is located in a mountain valley named Lithgow's Valley by John Oxley in honour of William Lithgow, Secretary to Governor Brisbane, and the first Auditor-General of New South Wales.

Lithgow is on the Great Western Highway, about 150 km west of Sydney, or via the old mountain route, Bells Line of Road, from Windsor.

PORTLAND

Portland is only 2 hours 40 mins from Sydney, 23 minutes from Lithgow and 45 minutes from Bathurst. Portland is an historic mining town and the place of the first cement works in Australia, which was opened in 1902. Cement produced at the Portland cement works helped build the city of Sydney and the cement was shipped around Australia until the works closed in 1991.

The town is surrounded by beautiful countryside and has many areas for bushwalking. It is close to the Wollemi and Gardens of Stone National Parks. Portland is a hub for people wishing to escape the city to enjoy the surrounding countryside.

The old cement works now house The Foundations Portland which feature landmark silos painted by a famous Australian mural artist Guido Van Helten and is a mecca for local and surrounding artists. It also holds regular workshops for school children.

Portland's buildings are adorned with The Signs of Yesteryear. It all started back in 2001 when a group of Traditional Signwriters were invited to the town to paint the walls with The Signs of Yesteryear. During the 2001 'Wallnuts Weekend', approximately 50 sign makers converged to reproduce vintage advertisements in Portland.

The signwriting stands to this day and has become an annual event.



The Signs of Yesteryear, Portland



WOLGAN VALLEY

Wolgan Valley is a small valley located along the Wolgan River, approximately 32 kilometres north of Lithgow. It includes sections of Wollemi National Park, Gardens of Stone National Park and the UNESCO declared Greater Blue Mountains World Heritage Area.

In 2007, the construction of the \$130M Emirates Valley Luxury Resort, now called the One and Only Wolgan Valley, was commenced and the doors were opened in 2009. In keeping with Australian Federation style, Australian hard woods, corrugated iron and sandstone were used in the construction.

Further along from the resort stands the Newnes Pub (which serves no beer), holiday stays, camping and the beginning of one way to the Glow Worm Caves.



One and Only Wolgan Valley

WALLERAWANG

Lake Wallace, Wallerawang

Affectionately referred to as Wang, Wallerawang is located approximately 14 kilometres northwest of Lithgow.

The first European settler was James Walker (a shareholder in William Walker & Company; merchants, coastal shippers and whalers) who in 1824 had been granted 2000 acres by the colonial government, a mere 11 years after the first exploration led by Blaxland over the Blue Mountains.

In 1831 he founded Walker Bros. & Company, which in the late 1830s exported large quantities of wool to London. In 1856 he became a member of the NSW Legislative Council.

In 1836 Wallerawang became known as Barton Park. In the same year, Charles Darwin, the English naturalist, stayed at 'Wallerowang House' Barton Park. Darwin described the countryside around Wallerawang and the wildlife including Platypus in his book 'The Voyage of the Beagle'.

Wallerawang is proud to have Lake Wallace as a local facility. The lake is a designated RV friendly campground and is the ideal location to camp for a couple of days.

Facilities include RV dump point, toilets and showers (open 24 hours), playground, barbecue facilities and off-leash dog area. You can also join the local Dragonboat Club which practices on the lake during the season.



Lithgow Public School

Education and health

The Lithgow region has well established social infrastructures such as health and education services.

There are three high schools and twelve primary schools in the Lithgow region. With four child care centres and three aged care facilities, the region caters for the needs of all age groups.

Lithgow Hospital is a district teaching hospital affiliated with the University of Notre Dame, offering a 24-hour emergency department and a range of surgical and other services. The hospital is part of Nepean Blue Mountains Local Health District. There is also Lithgow Community Private Hospital which has a range of quality specialist centre and day surgery services.

TAFE NSW - Lithgow Campus offers courses on electrical and mechanical engineering trades, general education, tertiary preparation, aged care, business, computing, outdoor recreation, hospitality, children's services, community services, animal studies and English language skills.

The Western Sydney University has a presence in Lithgow with the Maldhan Ngurr Ngurra Lithgow Transformation Hub. The site addresses the United Nations' Sustainable Development Goals, empowering the local community to overcome regional challenges. The Hub's focus is on collaboration with community partners in realising Lithgow's future as a productive, sustainable city. In collaboration with community partners, the Hub runs short courses, talks, seminars and art exhibitions and programs.

The Hub offers hot desk facilities and room bookings for students and small to micro business people.



Lithgow Hospital



Business and employment

With a population of over 20,000, the Lithgow region is an economy in transition.

Where coal and energy production were once the main economic drivers of the Lithgow economy, the region is now establishing itself as a diversified economy with opportunities arising from new businesses coming into the area, the expansion and/or redevelopment of existing businesses and their sites and the development of new State Government initiatives such as the Gardens of Stone State Conservation Area.



Green Spot, Wallerawang

Energy Australia, Lithgow

The region has unique competitive advantages including support for new forms of energy production, as well as infrastructure such as rail lines and highways. Lithgow sits between the two fast growing economies of Western Sydney and the Central West.

The Lithgow region is also well positioned to take advantage of regional economic opportunities such as the new airport in Western Sydney.

Lithgow's Gross Regional Product sits just under \$1.3 billion, with economic output of \$1.27 billion, and approximately 1,300 businesses provide employment for a labour pool of over 8,600 jobs.

The main sectors of employment are healthcare and social assistance, public administration and safety, retail, mining, accommodation and food services and construction.

Currently 80-90% of the regional workforce lives in the Lithgow region.

The Lithgow region plays host to major businesses such as Energy Australia, Centennial, home grown health insurer



Westfund, Lithgow

Westfund, home grown Family First Bank, Ferrero Australia where Tic Tacs and Nutella are made, Thales small arms factory, The Foundations Portland, the redeveloped cement factory and Greenspot, the redeveloped Wallerawang Power Station.

Further growth and development has been earmarked for the region with the State Government committing \$50 million to the development of a new eco-tourism and adventure destination to be developed in the Gardens of Stone State Conservation Area situated within the Lithgow LGA. The Lost City Adventure Experience will include Australia's longest zipline and an elevated canyon walk.

This will provide work opportunities for locals, as well as create a flow-on effect for new micro, small to medium sized business enterprises.



Ferrero Australia, Lithgow





Shopping, cafes and restaurants

Lithgow city is the main centre for shopping in the Lithgow region. It has all the amenities and conveniences of a large regional city.

Lithgow's range of major retailers include:

- Coles
- Woolworths
- Aldi
- Bunnings Warehouse
- Harvey Norman
- Dimmeys
- Repco
- Supercheap

There are two main shopping areas in Lithgow.

Lithgow's Main Street has a variety of specialty shops, including lovely cafes and restaurants and the Lithgow Valley Plaza.

The Lithgow Valley Plaza has over 500 parking spaces. It has two anchor stores and over 30 specialty retailers including:

Carol and Steve's story

After the kids left home Carol and Steve thought it was time to have an adventure and return to the country. They both worked from home so didn't see an issue with moving their work from Sydney.

The Lithgow area seemed an ideal place to relocate where they could buy some acreage and was well within their 3 hour drive limit from Sydney.

They liked the thought of a climate change, no traffic jams and general peace and quiet. They weren't disappointed! The past 8 years have flown by.

There is plenty of room on their property to host regular visits from family and friends, their businesses are thriving, blood pressure is healthy and life couldn't be better. No regrets!

Lithgow City



For more information visit - www.valleyplaza.com.au

Aldi and Woolworths are within close proximity of the Valley Plaza as is Harvey Norman and Repco



Lithgow Main Street

Main St is a hub of activity for local residents and hosts a number of speciality shops in heritage listed terraces. There is a health shop, yoga centre, crystal shop, designer jewellery shop, natural gift-ware shops, hairdressers, beauticians, massage therapists, a dentist, florist and chiropractic centre.

There are a number of boutiques, banking services including Lithgow born and bred Family First Bank, Commbank, Westpac/St George and also local Lithgow home grown health insurer Westfund.

Parallel to Main St is Station St which has the Lithgow Medical Centre, a dentist, a gym and a furniture shop.



Cafes and Dining

Lithgow boasts a variety of cafes and dining experiences for tourists and residents alike.

Lithgow's Main St boasts award winning Café Bar 128, El Latte Café, Hometown Café, The Blue Fox Bar + Kitchen and Vanilla Café, all within walking distance, as well as The Hub Gourmet Pizza Bar: Main St also has three Chinese restaurants, a Vietnamese, Thai and Indian restaurants, appealing to most palates.

Around the corner on Bridge St is iconic café the Tin Shed and further down the road at the Zig Zag Motel is Frankie's Restaurant and Bar.

If you're wanting a hair-cut and a shave and a café to boot, Tough Grind Barbers is an funky, inner city Lithgow experience.

If it's vegetarian food you're after, people have even made the drive from Sydney to eat at Secret Creek Café. Surrounded by lush Australian bushland and in a charming outback setting, the café is a popular wedding venue.

If you're after international flavours, Situated in the heart of Main St Lithgow are the 7 Valleys and Commercial Hotels offering traditional bar services with restaurants and room facilities. The Lansdowne Hotel, also in Main St, has a Bistro that offers pub specials five days a week.

You can also dine at the Lithgow Workies Club and the Lithgow Bowling Club. Both these venues offer a variety of dining styles.



Hartley

Hartley boasts Collitts Inn, a stunning and well known wedding venue.

In Little Hartley, famous local institution, the Lolly Bug suffered a set back through fire a couple of years ago, but it's now back on track bigger and better to service a stream of customers travelling along the Great Western Highway from east to west and back.

Hartley Fresh Café, also along the highway is a well known pit stop for truckies, as well as a great place to buy local fresh produce and locally made culinary products, while grabbing a meal along the way.

If a pizza is more to your liking, there is also wood-fired Alchemy Pizza situated on the Great Western Highway.



The Commercial Hotel, Wallerawang

Portland and Wallerawang shopping areas

Wallerawang and Portland also have shopping hubs that feature post offices, mini supermarkets, cafes, pubs and bakeries.

The Coronation Hotel, Portland, offers lunch and dinner menus and has 17 rooms of accommodation. Rooms are the same layout as they were 100 years ago, providing a truly authentic pub stay in Regional NSW.

The Commercial Hotel, Wallerawang first opened its doors in 1871 and has recently been renovated, retaining its cosy historic charm. It has renovated accommodation, a bistro, an outdoor area and fireside lounges. It also has pool tables, arcade games, a juke box, Keno and TAB facilities.

Alex and Tim's story

Alexandra and Tim moved from Sydney to Lithgow so that they could get away from the stresses of the city and find opportunities to grow with their young family.

They can see a future for themselves and their children in Lithgow. There is space for them to grow.

When they opened El Latte café the community was very supportive.

They love living in the area and have found the Lithgow community warm and welcoming.

The community feels like family to them.



Trail bike – Hassan Walls Reserve

Sporting centres & clubs

Tony Luchetti Sportsground

The main sporting ground in the Lithgow region is the Tony Luchetti Sportsground, home to a number of Lithgow region sports clubs. It also hosts major events such as the Lithgow Show and the Australian Caravan Club's Annual Muster.

Central Tablelands Mountain Bike club

Central Tablelands Mountain Bike club is based in Lithgow and offers a range of riding opportunities from social rides to racing. It maintains a state level downhill trail within Hassan's Walls Reserve and a popular cross country trail within the Lidsdale State forest at Rydal.

Lithgow City Tennis Club

The Lithgow City Tennis Club has almost 100 members and offers general court hire, social tennis and competitions. There are 9 synthetic courts and 3 mini hotshot courts and courts 1-9 are equipped with lighting.

JM Robson Aquatic Centre

Features a 50 metre Olympic sized outdoor pool, a 25 metre indoor heated pool and popular splash park for the children. The outdoor pool is only open during the warmer months, however the indoor pool is open all year round.

The centre provides specialised programs such as Aqua Aerobics and Learn to Swim for all ages and abilities, leading up to squad level to transition to Lithgow Swimming Club levels.



JM Robson Aquatic Centre





Lithgow Golf Club

Portland Olympic Pool

Lithgow Golf Club

Set amongst meticulous grounds, the Lithgow Golf Clubhouse is a lovely federation homestead, built in the 1850's, and great care has been taken to keep it true to character.

It's easy walking 18 hole golf course offers quite a challenge to all level of players.

The 72 par grass green course is 5992 metres in length and affords a good test of golf. Play a round of golf surrounded by serene native wildlife.

Portland Clubs

The town of Portland also has a golf club, bowling club and an Olympic pool.

The area is also popular for geocaching, rogaining and orienteering.

The town is close to the Wollemi National Park, the Gardens of Stone National Park and the Turon National Park.

For a full list of sporting clubs in the Lithgow region, follow the link - https://communityguide.linc.org.au/sporting-clubs



Lithgow Adventure Playground

Outdoor recreation

Surrounded by one of Australia's most cherished natural playgrounds the Lithgow region has a host of lifestyle activities for young and old.

Bird watching

The Capertee Valley is classified by BirdLife International as an important bird area because it is the most important breeding site for the endangered regent honeyeater. It also supports populations of the painted honeyeater, rockwarbler, swift parrot, plum-headed finch and diamond firetail.

Lithgow Adventure Playground

Lithgow Adventure Playground at Endeavour Park was designed by award-winning playground designer Ric McConaghy and is one of the largest recreational developments for the children and families of Lithgow in recent years. Officially opened in March 2019, this playground is worth a visit!

Also, next to Endeavour Park is Lithgow's exhilerating Pump Track for biking enthusiasts.

Jay and Georgia's story

Jay and Georgia moved to Portland NSW six years ago. They wanted a change of scenery and to be surrounded by the bush and the sounds of nature.

Jay started Kindness Painters and has never had to advertise as business has been flourishing through word-of-mouth. The community has been very welcoming and has embraced the family and Jay's business.

There are plenty of things to see and do in the area and they feel the heritage, the sense of history and the great sense of community in Portland.

The couple believe that Portland is one of the best places for their kids to grow up.







On the path to the Glow Worm Tunnel



Thompsons Creek Dam

Lake Lyell

Lake Lyell

On the outskirts of Lithgow sits Lake Lyell, a wonderful resource for the area with camping, boating and fishing all year round. It has a playground, safe swimming and bbq facilities.

Wollemi National Park

The Wollemi National Park protects the largest remaining forested wilderness in NSW, including the Colo-Capertee River system. It is used for hardy recreation activities and is now part of the recently declared Greater Blue Mountains World Heritage area.

Wolgan Valley

The bush walking trails in the area include the Pipeline Track, which goes from Newnes to Glen Davis, and the Wolgan Valley Heritage Trail, as well as the track from Newnes to the Glow Worm Tunnel. The valley also contains numerous slot canyons and is popular for rock-climbing and camping.

Trout Fishing

Trout fishing is possible in local streams, creeks and dams the best known spot being Thompson's Creek Dam which is a twenty-minute hike from the carpark on Thompson's Creek Rd via the Falnash State Forest. Fishing is also popular at Lake Lyell and Lake Wallace.



Museums and heritage

The Seven Valleys Lithgow region has a history steeped in its industrial past which is featured in its museums and heritage sites.

Eskbank House and Museum https://eskbank.lithgow.com

Thomas Brown built Eskbank House in 1841 - 1842. It is a heritage-listed former mine owner's residence, iron and steel works manager's residence, school and boarding house and now museum. It's now an event venue and community resource centre at 70 Inch Street, Lithgow.

Hartley Historic Site

www.national parks.nsw.gov.au/visit-a-park/parks/hartley-historic-site

Hartley Historic Site was part of a restoration project that brought seventeen buildings back to life to tell the story of this nineteenth century village.

From the 1837 Greek Revival courthouse to Corneys Garage, built in 1945 of timber and iron, people can explore the artefacts and family histories, find out about the region's past at the visitor centre, or enjoy a picnic in the serenity of historic Hartley.

Kew-Y-Ahn Aboriginal Gallery

www.facebook.com/kewyahngallery

Located at the Hartley Historic Site, Kew-Y-Ahn is a gallery exhibiting work of Aboriginal artists of Central West NSW.

Work by Aboriginal painters, weavers, designers, jewellers and photographers from across the NSW Central West is represented in rotating exhibitions in the gallery space.

Lithgow Small Arms Factory Museum https://www.lithgowsafmuseum.org.au

Situated on the existing arms factory site, this unique museum is widely recognised for its comprehensive collection of modern firearms from around the world, but more than that, it is a showcase of Australian manufacturing.

The Foundations Portland https://thefoundations.com.au

The Foundations is a destination unlike any other. It's become a Central NSW landmark with the old cement silos being painted in 2018 by well known Australian mural artist Guido Van Helten. The heritage buildings are used as artist spaces, twilight markets and workshops.

Gang Gang Gallery https://gggallery.com.au

The Gang Gang Gallery is a local art gallery situated in Main St, opposite Queen Elizabeth Park. Gang Gang holds regular art exhibitions, performances, workshops and offers gallery hire.

Lithgow State Mine Heritage Park & Railway http://www.statemine.org.au

The Lithgow State Mine Heritage Park & Railway Museum is a multiple award winning museum of mining and industry situated on the site of former Lithgow State Coal Mine. As well as the Museum the space is used for activities such as an artist studio space, wedding location, commercial photography and as a corporate training venue.



Entertainment and events

The Lithgow music and entertainment scene has been revitalised since Covid, with a cross section of music and talent.

Various music genres are available at a range of venues including the 7 Valleys Hotel in Main St, Lithgow, the Lithgow Workies Club, Club Lithgow, Wallerawang Social Club and the Coronation Hotel Portland.



Lithgow Halloween



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7 Valleys Hotel

Halloween in Lithgow

A major annual event that became an international hit during Covid via the Lithgow Halloween Digital Film competition.

The entire community joins in with an annual parade and puts on their Halloween best.

Each year there is a different theme. The event features live music, a street parade, market stalls and amusement rides.

There are live music stages, theatrical performances, dance groups and a best dressed competition with several prizes to win.

LithGlow, May each year

A sell out every year, the Lithgow Blast Furnace is used as a backdrop for artists to recreate the glow of the blast furnace that was used in the iron and steel industry 115 years ago.

Bands perform cinematic, post-electro, dream-rock performances. There is a fireworks display, ending in a colourfully choreographed finale.





Community services

INDIGENOUS

The Lithgow region is situated on Wiradjuri Country. For Indigenous services in the area please contact the Bathurst Aboriginal Land Council

CONTACT:

149 Russell Street, Bathurst NSW 2795 | 02 6332 6835

Or visit Lithgow Information & Neighbourhood Centre Inc. (LINC). LINC is a non-profit community organisation that provides a wide range of quality services to residents of the Lithgow Local Government Area.

I Padley Street, Lithgow NSW 2790 | Ph 02 6352 2077 Email: linc@linc.org.au | Web: https://linc.org.au Hours: 9am to 5pm Monday to Friday

YOUTH SUPPORT LITHGOW YOUTH COUNCIL

Lithgow Youth Council works with Lithgow City Council, organisations and community groups to gain positive outcomes for local young people. Youth Council is usually made up of about 12 young people aged between 12-24 years. Young people wanting to make a difference in the community can contact Council's Community Development Officer to express their interest in joining the Youth Council.

CONTACT:

02 6354 9999 | Email council@lithgow.nsw.gov.au

Headspace Lithgow



Headspace Lithgow is linked to Headspace Bathurst and is tailored for the local community. Headspace offers a mix of outreach, in centre and telehealth appointments for young people aged 12-25 including-

- mental health & wellbeing
- alcohol & other drug
- physical and/or sexual health
- work & study

CONTACT:

(02) 6352 7600 23 | Main Street, Lithgow, NSW 2790 Email: hs.lithgow@marathonhealth.com.au Web: https://headspace.org.au/headspace-centres/lithgow

LITHGOW COMMUNITY PROJECTS

Lithgow Community Projects Inc (LCP) is a community based not for profit organisation managed by a local volunteer management committee.

LCP provides support, case work, advocacy, information and collaboration with other services to single adults, families, and young people (16 +).

CONTACT: (02) 6351 2230 | https://www.lcpinc.org

LINC DISABILITY SERVICES

LINC Disability Services provides various assisted living options and supports to people in the community who have an intellectual/developmental, physical and/or psychiatric disability who are under 65 years of age and receive an individualised funding package under the NDIS, ADHC or who are financially independent.

Programs provided: Support Coordination - Assisted Living Options- Flexible Respite - Drop in Support - Active Linking Initiative - LINCAbility Social Support program.

CONTACT:

(02) 6352 2077, or visit Lithgow Information & Neighbourhood Centre Inc, I Padley Street Lithgow

AGED SUPPORT

Cooinda

Cooinda aged care home is a bright, new facility for Lithgow's senior community and has been an important community asset for Lithgow since 1968. Designed for the future of aged care, residents are in good hands within Lithgow's reinvented Cooinda. Run by Respect Aged Care which is a not for profit organisation running since 1922.

CONTACT: (02) 6351 4071 | 38 Maple Cres, Lithgow

Portland Tabulam Health Centre

Portland Tabulam Health Centre provides residential aged care, sub acute care beds, general medicine, community health services and a range of visiting allied health services from Lithgow Health Service.

No referral required. Please call or email to book an appointment. Wheelchair accessible.

CONTACT: (02) 6359 2666 | 20 Green Street Portland

Three Tree Lodge

Three Tree Lodge is a community based organisation that operates a residential aged care service at Lithgow.

The organisation is governed by a voluntary community based Board and provides employment to more than 80 local staff. The service has grown from its initial inception to presently care for 62 residents.

Three Tree Lodge is committed to providing quality care to its residents in a happy, safe and homelike environment.

CONTACT: 02 6354 2666 | 2A Col Drewe Drive, Bowenfels NSW 2790

We're sure to have convinced you that the Lithgow Seven Valleys region is one of the best places in NSW to... Live. Work. Play

For more information:

Email Lithgow District Chamber of Commerce: Secretary – secretary@lithgow.org.au

For Council information, call Lithgow City Council on 02 6354 9999 or 1300 661 303

Email - council@lithgow.nsw.gov.au

Council website - https://council.lithgow.com

For updates visit:

Escape to the High Country website: https://www.escapetothehighcountry.au



This project is funded under the Bushfire Local Economic Recovery Fund, co-funded by the Australian and NSW Governments.









REAL ESTATE AGENCIES IN LITHGOW

The Lithgow region boasts a range of housing options and lifestyle opportunities.

From large acreage blocks and farms, to small acreage and modest bungalows on smaller blocks. To find out more about housing options in the region, reach out to Lithgow region based real estate agencies who can place you on their mailing lists when new properties come up for sale.

Bowyer & Livermore Portland
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